

# **Homemade Canine Diet Recipes**

Below we have listed several recipes for a variety of canine diets. Our veterinarian will recommend those that are best for your pet. If you have any questions, please contact us at (651) 283-7216 or housepawsmn@gmail.com.



- 0.25 lb ground beef (do not use lean round chuck)
- 2 cups cooked white rice without salt
- 1 hard-cooked egg, finely chopped
- · 3 slices white bread, crumbled
- 1 tsp (5 g) calcium carbonate<sup>1</sup>

Also add a balanced supplement that fulfills the canine MDR for all vitamins and trace minerals.

Cook beef in a skillet, stirring until lightly browned. Stir in the remaining ingredients and mix well. This mixture is somewhat dry and its palatability may be improved by adding a little water (not milk) or low-sodium chicken/beef broth. Keep covered in the refrigerator. Yields 1.25 lb.

#### **Analysis**

Protein	.9%
Fat	.5%
Carbohydrate	.1%
Moisture	.5%
*Metabolizable Energy	cal/lb

<sup>\*</sup>This diet supplies 17% protein calories, 30% fat calories, and 53% carbohydrate calories.

# Feeding Guide

Feed sufficient amount to maintain normal body weight.

Body Weight	Approximate Daily Feeding
5 lb.	0.25 lb.
10 lb.	0.5 lb.
20 lb.	1 lb.
40 lb.	1.5 lb.
60 lb.	2 lb.
80 lb.	2.5 lb.
100 lb.	3 lb.

Royal Canin Renal Support is a restricted protein prescription diet food that is available in cans and dry bags. Check with our veterinarian.

Calcium carbonate sources: ground egg shells; drug/health food stores

<sup>&</sup>lt;sup>2</sup>Dicalcium phosphate sources: drug/health food stores; substitute=bone meal

<sup>&</sup>lt;sup>3</sup>Potassium chloride source: salt substitute products

## **Ultra-Low Protein Diet**

- 2.5 cups cooked white rice (with no more than 1/4 tsp added salt)
- 2 tbsp vegetable oil
- 1 large hard-boiled egg
- 0.25 tsp (1.25 g) calcium carbonate<sup>1</sup>
- 0.25 tsp (1.25 g) potassium chloride<sup>3</sup>

Also add a balanced supplement that fulfills the canine MDR for all vitamins and trace minerals.

Combine all ingredients and mix well. Refrigerate between feedings.

Yields 1.1 lb.

## **Analysis**

Protein	. 3.0%
Fat	. 6.7%
Carbohydrate	. 20.5%
Moisture	69.2%
*Metabolizable Energy 69	0 kcal/lb.

<sup>\*</sup>This diet supplies 8% protein calories, 39% fat calories, and 53% carbohydrate calories.

# Feeding Guide

Feed sufficient amount to maintain normal body weight.

Body Weight	Approximate Daily Feeding
5 lb.	0.33 lb.
10 lb.	0.5 lb.
20 lb.	1 lb.
40 lb.	1.66 lb.
60 lb.	2.25 lb.
80 lb.	2.75 lb.
100 lb.	3.25 lb.

Royal Canin Urinary SO is an ultra-low-protein prescription diet food that is available in cans and dry bags. Check with our veterinarian.

<sup>&</sup>lt;sup>2</sup>Dicalcium phosphate sources: drug/health food stores; substitute=bone meal

<sup>&</sup>lt;sup>3</sup>Potassium chloride source: salt substitute products

# Highly-Digestible Diet

- 2 cups cooked Cream of Wheat, cooled
- 1.5 cups creamed cottage cheese
- 1 large hard-boiled egg
- \*2 tbsp dried inactive brewer's yeast
- 2 tbsp granulated sugar
- 1 tbsp vegetable oil
- 1 tsp (4.5 g) dicalcium phosphate<sup>2</sup>
- 1 tsp potassium chloride3
- 1 tsp calcium carbonate<sup>1</sup>

Also add a balanced supplement that fulfills the canine MDR for all vitamins and trace minerals. \*Usually available at large animal feed stores or health food stores.

Combine all ingredients and mix well. Keep covered in the refrigerator. Yields 2.2 lb.

## **Analysis**

Protein	7.1%
Fat	3.7%
Carbohydrate	11.2%
Moisture	75.8%
*Metabolizable Energy 485	kcal/lb.

#### Feeding Guide

Feed sufficient amount to maintain normal body weight.

Body Weight	Approximate Daily Feeding
5 lb.	0.25 lb.
10 lb.	0.5 lb.
20 lb.	1 lb.
40 lb.	1.5 lb.
60 lb.	2 lb.
80 lb.	2.5 lb.
100 lb.	3 lb.

Royal Canin Gastrointestinal Low-Fat and High-Energy Diets are highly-digestible prescription diet foods that are available in cans and dry bags. Check with our veterinarian.

Calcium carbonate sources: ground egg shells; drug/health food stores

<sup>&</sup>lt;sup>2</sup>Dicalcium phosphate sources: drug/health food stores; substitute=bone meal

<sup>&</sup>lt;sup>3</sup>Potassium chloride source: salt substitute products

## Low-Sodium Diet

- 0.25 lb. ground round or other lean beef
- 2 cups cooked white rice without salt
- 1 tbsp vegetable oil
- 2 tsp (9g) dicalcium phosphate<sup>2</sup>

Also add a balanced supplement which fulfills the canine MDR for all vitamins and trace minerals.

Cook the beef in a skillet, retaining the fat, stirring until lightly browned. Add the remaining ingredients and mix well. Keep covered in the refrigerator.

Yields 1 lb.

#### **Analysis**

Protein	1%
Fat	7%
Carbohydrate	.2%
Moisture	.8%
*Metabolizable Energy 485 kg	cal/lb.

## Feeding Guide

Feed sufficient amount to maintain normal body weight.

Body Weight	Approximate Daily Feeding
5 lb.	0.33 lb.
10 lb.	0.5 lb.
20 lb.	1 lb.
40 lb.	1.75 lb.
60 lb.	2.33 lb.
80 lb.	2.75 lb.
100 lb.	3.5 lb.

Feed only the low-sodium diet to your pet. All snacks, tidbits and treats (including table food) should be eliminated.

Royal Canin Renal Support has a moderately-reduced sodium content and is available in cans and dry bags. Check with our veterinarian.

Royal Canin Hepatic Diet has a greatly-reduced sodium content and is available in cans and dry bags. Check with our veterinarian.

<sup>&</sup>lt;sup>2</sup>Dicalcium phosphate sources: drug/health food stores; substitute=bone meal

<sup>&</sup>lt;sup>3</sup>Potassium chloride source: salt substitute products

# **Reducing Diet**

- 0.25 lb. ground round or other lean beef
- 0.5 cup cottage cheese (uncreamed)
- 2 cups drained canned carrots
- 2 cups drained canned green beans
- 1.5 tsp (7g) dicalcium phosphate<sup>2</sup>

Also add a balanced supplement that fulfills the canine MDR for all vitamins and trace minerals.

Cook the beef in a skillet, stirring until lightly browned. Pour off the fat and allow the meat to cool. Add the remaining ingredients and mix well. Keep covered in the refrigerator.

Yields 1.75 lb.

## **Analysis**

Protein	5.5%
Fat	1.7%
Carbohydrate	4.1%
Moisture	86.4%
*Metabolizable Energy	220 kcal/lb

#### Feeding Guide

Optimal Body Weight	Approximate Daily Feeding
5 lb.	0.33 lb.
10 lb.	0.66 lb.
20 lb.	1 lb.
40 lb.	1.75 lb.
60 lb.	2.5 lb.
80 lb.	3 lb.
100 lb.	3.66 lb.

Snacking and scavenging should be absolutely avoided during the reducing period. However, since many obese dogs are accustomed to begging (and receiving), an occasional tidbit of raw vegetable will add only roughage, vitamins and minerals and will not contribute appreciable calories.

Royal Canin Satiety Support and Weight Control diets are reducing prescription diet foods available in cans and dry bags. Check with our veterinarian.

<sup>&</sup>lt;sup>2</sup>Dicalcium phosphate sources: drug/health food stores; substitute=bone meal

<sup>&</sup>lt;sup>3</sup>Potassium chloride source: salt substitute products

# Hypoallergenic Diet

- 0.25 lb diced lamb
- 1 cup cooked white rice
- 1 tsp vegetable oil
- 1.5 tsp (7g) dicalcium phosphate<sup>2</sup>

Also add a balanced supplement that fulfills the canine MDR for all vitamins and trace minerals.

Trim fat from the lamb. Cook the meat thoroughly by braising or roasting. Do not add seasoning. Add the remaining ingredients and mix well. Keep covered in the refrigerator. Yields 0.66 lb.

#### **Analysis**

Protein	. 7.0%
Fat	.10.0%
Carbohydrate	.14.0%
Moisture	66.0%
*Metabolizable Energy 79	5 kcal/lb.

#### Feeding Guide

Optimal Body Weight	Approximate Daily Feeding
5 lb.	0.33 lb.
10 lb.	0.5 lb.
20 lb.	1 lb.
40 lb.	1.5 lb.
60 lb.	2 lb.
80 lb.	2.33 lb.
100 lb.	2.75 lb.

If the allergy is suspected to be food-induced, maintain your pet on this diet and distilled water. Expose your pet to foods, one at a time, beginning with tap water. The aim of this exposure is to determine the foods your pet CAN eat, rather than those that your pet cannot eat.

Royal Canin Hydrolyzed Protein, Select Protein and Skin Support diets are hypoallergenic prescription diet foods available in cans and dry bags. Check with our veterinarian.

Calcium carbonate sources: ground egg shells; drug/health food stores

<sup>\*</sup>All recipes were adapted from recipes published by Hill's Pet Products.

<sup>&</sup>lt;sup>2</sup>Dicalcium phosphate sources: drug/health food stores; substitute=bone meal

<sup>&</sup>lt;sup>3</sup>Potassium chloride source: salt substitute products