



House Paws Home Veterinary Care  
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## Collecting a Sample for a Urine Cortisol Test

Please collect the urine sample first thing in the morning for two or three consecutive days. Retrieving this sample at home will help to relieve stress and will result in less cortisol in the urine. This is important for accurate analysis, especially if performing a urine cortisol test.

Some clinics will recommend to collect the sample at the same time each morning and to encourage your pet to go bed at the same time each night. We do not typically stress these steps; rather, we encourage you to simply collect the sample at a similar time of day (preferably when your pet wakes up).

Combine the samples from all days (you may use the same vial for all urine samples). We only require a small amount from each day.

Keep the urine in the refrigerator.

If the urine tests negative, we do not need to do any further testing for Cushing's disease. If the test is positive, further examination may be needed.

Please do not hesitate to contact us with any questions. We may be reached at (651) 283-7216 or [housepawsmn@gmail.com](mailto:housepawsmn@gmail.com).