

# Homemade Feline Diet Recipes

Below we have listed several recipes for a variety of feline diets. Our veterinarian will recommend those that are best for your cat. If you have any questions, please contact us at (651) 283-7216 or housepawsmn@gmail.com.

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# **Restricted-Protein Diet**

- 0.25 lb liver (beef, chicken or pork only)
- · 2 cups cooked white rice without salt
- 2 large hard-cooked eggs
- 1 tbsp vegetable oil

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- 1 tsp (5 g) calcium carbonate<sup>1</sup>
- 1/8 tsp KCI (salt substitute)

Also add a balanced supplement that fulfills the feline MDR for all vitamins and trace minerals, and 250 mg taurine/day.

Dice and braise the meat, retaining fat. Combine all ingredients and mix well. This mixture is somewhat dry and the palatability may be improved by adding some water (NOT milk).

Yields 1.25 lb.

#### Analysis

Protein	. 7.3%
Fat	. 5.3%
Carbohydrate	. 15.8%
Moisture	
*Metabolizable Energy 63	5 kcal/lb.

\*This diet supplies 21% protein calories, 35% fat calories, and 44% carbohydrate calories.

### Feeding Guide

Feed sufficient amount to maintain normal body weight.

Body Weight	Approximate Daily Feeding
5 lb.	0.25 lb.
7-8 lb.	0.33 lb.
10 lb.	0.4 lb.

Royal Canin Renal Support is a restricted protein prescription diet food that is available in canned and dry forms. Check with our veterinarian.

Calcium carbonate sources: ground egg shells; drug/health food stores

<sup>2</sup>Dicalcium phosphate sources: drug/health food stores; substitute=bone meal

<sup>3</sup>Potassium chloride source: salt substitute products

## Restricted-Mineral and -Sodium Diet

- 1 lb. regular ground beef, cooked
- 1/4 lb. liver (beef, chicken or pork only)
- 1 cup cooked white rice without salt
- 1 tsp vegetable oil
- 1 tsp (5 g) calcium carbonate<sup>1</sup>
- 1/8 tsp KCI (salt substitute)

Also add a balanced supplement that fulfills the feline MDR for all vitamins and trace minerals, and 250 mg taurine/day.

Combine all ingredients.

Yields 1.75 lb.

#### Analysis

Protein	14.3%
Fat 1	3.9%
Carbohydrate	.6.3%
Moisture	64.0%
*Metabolizable Energy 640 I	kcal/lb.

\*This diet supplies 8% protein calories, 39% fat calories, and 53% carbohydrate calories.

#### Feeding Guide

Feed sufficient amount to maintain normal body weight.

Body Weight	Approximate Daily Feeding
5 lb.	0.20 lb.
7-8 lb.	0.25 lb.
10 lb.	0.33 lb.

To prevent Feline Urologic Syndrome (FUS), Royal Canin Urinary SO is a mineralrestricted prescription diet food available in both canned and dry varieties. For sodium restrictions, Royal Canin Calorie Control CC High Fiber is available. Check with our veterinarian.

<sup>2</sup>Dicalcium phosphate sources: drug/health food stores; substitute=bone meal

<sup>3</sup>Potassium chloride source: salt substitute products

# **Reducing Diet**

- 1.25 lb. liver (beef, chicken or pork only), cooked and ground
- 1 cup cooked white rice
- 1 tsp vegetable oil
- 1 tsp (5 g) calcium carbonate<sup>1</sup>
- 1/8 tsp KCI (salt substitute)

Also add a balanced supplement that fulfills the feline MDR for all vitamins and trace minerals, and 250 mg taurine/day.

Combine all ingredients.

Yields 1.75 lb.

#### Analysis

Protein	. 15.5%
Fat	. 3.4%
Carbohydrate	9.2%
Moisture	. 70.0%
*Metabolizable Energy	5 kcal/lb.

### **Feeding Guide**

Optimal Body Weight	Approximate Daily Feeding
5 lb.	0.25 lb.
7-8 lb.	0.33 lb.
10 lb.	0.5 lb.

After your cat attains optimal body weight, a good quality maintenance diet at a level the keeps weight within a desired range can be initiated. Snacking and scavenging should be forbidden during the reducing period.

Royal Canin Calorie Control and Satiety Support are reducing prescription diet foods available in canned and dry forms. Check with our veterinarian.

<sup>&</sup>lt;sup>2</sup>Dicalcium phosphate sources: drug/health food stores; substitute=bone meal

<sup>&</sup>lt;sup>3</sup>Potassium chloride source: salt substitute products

# Hypoallergenic Diet

- 0.25 lb diced lamb
- 1 cup cooked white rice
- 1 tsp vegetable oil
- 1.5 tsp (7g) dicalcium phosphate<sup>2</sup>
- 1/8 tsp KCI (salt substitute)

Also add a balanced supplement that fulfills the feline MDR for all vitamins and trace minerals, and 250 mg taurine/day.

Trim fat from the lamb. Cook the meat thoroughly by braising or roasting. Do not add seasoning. Add the remaining ingredients and mix well. Keep covered in the refrigerator. Yields 0.66 lb.

### Analysis

Protein	7.0%
Fat	10.0%
Carbohydrate	14.0%
Moisture	66.0%
*Metabolizable Energy7	95 kcal/lb.

### **Feeding Guide**

Body Weight	Approximate Daily Feeding
5 lb.	0.20 lb.
7-8 lb.	0.33 lb.
10 lb.	0.4 lb.

If the allergy is suspected to be food-induced, maintain your pet on this diet and distilled water. Expose your pet to foods, one at a time, beginning with tap water. The aim of this exposure is to determine the foods your pet CAN eat, rather than those that your pet cannot eat.

Royal Canin Hydrolyzed Protein and Selected Protein Diets are hypoallergenic prescription diet food available in canned form. Check with our veterinarian.

\*All recipes were adapted from recipes published by Hill's Pet Products.

Calcium carbonate sources: ground egg shells; drug/health food stores

<sup>2</sup>Dicalcium phosphate sources: drug/health food stores; substitute=bone meal

<sup>3</sup>Potassium chloride source: salt substitute products