

## How to Hot-Pack a Wound

We are providing you with this information because your pet has a wound or injury that will benefit from applying hot packs to the area. Hot-packing encourages drainage of infected wounds and helps resolve pain and inflammation to promote healing.

To hot-pack a wound, take a washcloth or other hand towel and wet it with hot water. Wring it out as dry as possible. If possible, place the towel in a microwave for 10-20 seconds to warm. Before applying the towel to your animal's skin, test it on your own first. If it is too hot for your skin, it will be too hot for your pet. Press the hot pack to your pet's skin and hold it there for up to 5 minutes, or until your pet will no longer tolerate the pack. Do not apply pressure to the wound; the hot pack is only intended to create warmth in the affected area.

Hot-packing should be done for up to 5 minutes, 3 times per day unless otherwise indicated by our veterinarian. Duration of treatment will vary, but it is often recommended to continue hot-packing treatments for 3 to 5 days. Our veterinarian will be able to recommend a specific treatment plan for your pet.

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If you have any questions or concerns, please feel free to contact us! We may be reached at (651) 283-7216 or [housepawsmn@gmail.com](mailto:housepawsmn@gmail.com).

