



Woody's Meat Guide

----- Ideal for ----- ----- Avoid with -----

Meat	Approximate kcal/cup	Allergies	Active Dogs	Weight Loss	Chronic Diarrhea	Constipation	Pancreatitis
Beef, regular or grass-fed	450		✓		✓		✓
Bison, free-range	400	✓		✓			
Chicken	450						
Chicken Parts/Organs	450					✓	
Chicken Necks/Backs	500					✓	
Chicken, free-range	400			✓			
Chicken Parts/Organs, free-range	400			✓		✓	
Cornish Hen	550		✓				
Duck, Peking	750	✓	✓		✓		✓
Elk, free-range	400	✓		✓			
Lamb	550		✓		✓		✓
Pheasant, free-range	500	✓					
Pork	600	✓			✓		✓
Quail	400	✓		✓			
Rabbit	375	✓		✓			
Red Deer, free-range	400	✓		✓			
Turkey, free-range	375			✓			

Give your pet a variety of meats to assure a complete and balanced diet.